

Holy Communion - Our Belief and Practice

Holy Communion is given by God as a means of grace for the forgiveness of sins and an expression of His love for us in Christ.

Therefore, we ask that you affirm the following:

- **I have been baptized in the Name of the Triune God, and have received instruction concerning the essence and significance of Holy Communion. (1 Cor 11:27-29)**
- **I am a sinner in need of forgiveness, repent of that sin, and have put my faith in Jesus Christ as Savior and Lord over my life. I desire to grow in trust, obedience and faithfulness to Him. (1 Jn 1:6-9)**
- **I believe in the real presence of Christ's body and blood in the physical elements of bread and wine, and in the promise that they are given "for many for forgiveness of sins." (Mt 26:26-29)**
- **Because God has forgiven me, I am seeking to be at peace with my brothers and sisters in Christ. If I am struggling with sinful actions or attitudes, I am receiving Christ's presence and strength through this Sacrament to resolve them. (Matt 5:23-24)**
- **By the power of the Holy Spirit, I desire and intend to lead a more godly and Christ-like life, trusting in God's promises and obeying His commands. (Colossians 3:1, 5, 12-14)**

If you agree with these statements we invite you to participate in the Lord's Supper. Our communion practice is not intended to offend or exclude, but is rather an expression of our pastoral care and concern for one another and our high regard for the Sacrament as Christ instituted it.

Non-communing children and/or adults may come forward to receive a blessing.

In cases of medical necessity, gluten free wafers are available at every communion station (simply ask the server) and white grape juice is located in the individual cups in the center of the tray.

If you would like to receive instruction concerning Holy Communion or have questions, please call the church office to schedule an appointment.